

# *White Eagle's Teaching*

*All the teaching has been used in Family Services*

## *July*

'Think of the sea which may lie still and quiet ... and standing alone in some quiet place, you can reach out and become conscious of the vastness, the depth and the profundity of life. Your frail earthly comprehension reels with the magnificence of the stillness and power of the sea. May the ocean speak to you of the eternal powers which lie within the creation of the universe; the waters enfold you in an enveloping peace and power.'

## *June*

'Only when you are quiet in spirit do you have time to observe the shining loveliness of the dew on grass and flower, the delicate colourings of wild flowers and the sheen of sunlight through the trees. As you unfold you will be able to observe the nature spirits at work in grass and flower, bush and tree, and walk in fellowship with water, wind and sunlight. You will then enter what the children call the fairy world.'

## *May*

'Walk in the garden and you will see the evidence of God's love and God's beauty, God's gentleness... You who love the Earth and all growing things, can make your contribution to the growth and beauty by loving and cooperating with the nature kingdom.'

## *April*

'No matter what apparent disruption occurs on the physical plane, the divine rays are permeating, drawing together the threads, and weaving a glorious rainbow of colour and beauty throughout creation. Ultimately the colour and beauty resolves itself back again into that perfect light, the Great White Light. No such thing as chance, no such thing as accident—everything working in perfect law, under the direction of the great spirits at the head of the rays which permeate humanity.'

## *March*

A sorrow can be like a rainy day with sunlight shining through. And sun through rain creates a rainbow. So it is with human life. Look to the Sunlight of God your Father, knowing that He will send you nothing but good, that your loved ones are

in His care, and that His love for them is greater than your own.

### *February*

Will you go once more to the mountain heights? Together, let us visualize the snow, and in that light we see all the colours of the spectrum.

Enter into the great, deep silence and peace, here in the quiet and lonely places. You are far removed from the chattering crowds...Will you now visualize the holy mountain before you?

See this vast mountain rising above you, rising to the greatest heights! On the apex of that mountain, see the golden Star Temple blazing, pulsating with light. Watch it send out rays of light, reaching beyond the range of your vision. The glory of that light which falls on the snow-capped mountain is from heaven.

### *December 16*

'Through the simple childlike spirit in your heart, you will be able to receive the great light which comes to the Earth at Christmas time, and to see the angels.'

'Spirit children love their Christmas festival. They are very like Earth children: they laugh, sing and dance, and are easily made happy. They hear the voices of the angels. They enjoy themselves with their appointed mother-guardians and with other children, who to them are like brothers and sisters.'

### *November*

'From the darkness of the earth life there spring flowers in beauty, giving forth perfume and radiance. When you plant a bulb in the autumn you have faith that from that brown globe will spring a creation so charged with beauty as to seem a breath of God.'

### *October*

'Thank the Great Mother, the Earth, for all her fruits, her grain, her flowers and her healing herbs. Thank the Great Mother for all these gifts and the angels of nature who work with her.'

### *August*

'The Great Mother gives so abundantly of her fruits, her grain; of her flowers and her healing herbs. She also gives her comfort, her healing and all the blessings of life.'

'It is good to eat things which are full of sunlight. In sunlight there are all the properties that you need for the restoration of the physical body.'

### *July*

'We stand on the hilltop, amid trees and air, with the stars above... and we are conscious of peace of soul...The stars shine through the deep blue canopy, and the sun and the moon together blend their light.'

'We turn to the light, worshipping, praising, thanking the Great White Spirit for the coming of the new day.'

### *June*

'The rose is a symbol of love ... and of the heart of creation.'

'Take a growing rose and cup it in your two hands and feel emanating from it the love, the sweetness, the fragrance, the beauty, the strength of God. And feel the great Light, the world of light, the Sun behind all manifestation of life.'

'Breathe in the fragrance of the rose. Breathe in the light of God. Breathe out the love of God. Be still and know God! Peace, peace, be still!'

### *May*

'When sitting at peace in your garden, or walking in the open places within your towns, or in quiet country lanes, give yourselves time to listen to the voice of love, which will then surely make itself known in the quiet of your soul.'

'Life abounds; on all the blooms, on the bushes and in the trees, the fairies are at work. You may hear the birds singing in praise and thanksgiving for their life.'

### *April*

'We feel that if all men and women could go back to nature, to the green fields and the trees and the lovely wild flowers; if humanity could be close to the colours of nature; if men and women would copy nature in their choice of colouring, then they would find such colours very healing and harmonious.'

'The colours in the flowers are brought to them by the fairies, the nature spirits, who are working through the central stems of the plants, pouring in their own essence according to the need of the flowers. The flower is taking upon itself the colour of the fairy working with it; the essence of the fairy, is being expressed through the flower.'

## *March*

'The guardian angel is always present at the time of birth, as well as the form, the influence, of Divine Mother ... always the guardian angel caring for that soul coming into incarnation, and the Divine Mother's love helping that physical birth.'

The qualities of the Mother and the qualities of the Father dwell in all souls...either the gentleness or the love of the mother or the power-aspect of the father. Sometimes the two blend as one and then a Master-soul is made perfect.'

## *February*

'May every day of life find you, when you wake in the morning, opening the windows of your soul to the sunlight. Even in winter the whole atmosphere is impregnated with tiny atoms of invisible sunlight, and when you breathe deeply, consciously breathing in the sunlight of God, you grow in wellbeing, in loving kindness to all life; and you will begin to become aware of the power of the invisible forces which you may contact. You must learn how to open yourself to the sunlight and how to purify your body so that you may contact the angelic influences.'

## *December 15*

'The tale of the shepherds watching over their flocks by night also has its inner meaning. The shepherds are those who are the spiritual leaders of humanity, those who have risen a little above the plane of earth, who have begun to open their spiritual vision and are trying to lead their human flocks to the hilltops of life. They are very still, these shepherds, watching, waiting, meditating, as you must watch and meditate; for if they had not been quietly communing with nature and with God they would not have been ready to receive this visitation of the angels. Try to think about this at Christmas time and do not let the material aspects of the season close your mind or your consciousness to the angelic visitors. Through the simple childlike spirit in your heart, you will be able to receive the great light which comes to the earth at Christmas time and to perceive the visitation of the angels who will help to stimulate the growth of the Christ child in your heart.'

## *November 15*

'Know that from the darkness of the earth life, there springs and flourishes that which flowers in beauty, giving forth perfume and radiance. When you plant a

bulb in autumn you have faith that from that brown globe will spring a creation so charged with beauty as to seem a veritable breath of God. It will rise from the depths of darkness, though rooted in decay’.

### *October 15*

‘A wonderful world exists at the etheric level – what you would call a fairy world, an angelic kingdom – and all the spirits of the elements, of the wind and the water, and the sunshine and the earth. All these so called fairy and angelic beings are as real as you are and have beautiful bodies built of white ether, These ‘fairy folk’ have a great part to play in the development of man’s life on earth’.

### *August 15*

‘Indian children were taught from childhood how to listen to the spirit world. In order to hear the voice from the world of spirit, they were taught first to listen to people on the earth plane - give their whole attention to the one who was speaking to them; they were taught to listen also to the sounds of the birds and animals, the song of the wind in the trees, and the song of falling rain-drops and rushing river. This is how the Native American Indians were trained from childhood, and because they were so trained, they were able to hear not only physical sounds, but sounds behind those of earth-the sounds of the unseen world. They could distinguish the voices of their spirit guides and teachers; they could also hear the voices of the nature spirits.’